


Advertisement no-1.

ROGI KALYAN SAMITI
SUB-DIVISIONAL HOSPITAL, KARANJIA
AT/PO- KARANJIA, MAYURBHANJ, ODISHA

Tender Call Notice No. 01/SDH/KAR /Date. 11.03.2020.

Sealed tenders are invited from the interested Diet preparation and catering firms/agencies to prepare and distribute therapeutic and non-therapeutic diet to indoor patients, of S.D.H. Karanjia for the year 2020-21. The firm/agency is required to deposit EMD amounting to Rs. 40,000/-(Forty thousand) only in shape of Bank Draft from any nationalised bank in favour of "Superintendent, SDH, Karanjia" payable at SBI, Karanjia which is refundable except in case of selected bidder. The EMD will be refunded after execution of contract to executed agency. The tender documents detail terms and conditions can be downloaded from the website www.mayurbhanj.nic.in. The required documents are to be sent to the Superintendent, SDH, Karanjia, At/Po-Karanjia, Mayurbhanj by Speed Post/Reg. Post & Courier services only. The last date of receipt of tender documents is **dt 27.03.2020 by 5 PM** and the technical bid will be opened on **dt 30.03.2020 by 11AM** in presence of firms/ agencies or their authorised representatives in the office of the Superintendent, SDH Karanjia. The tender documents are to be submitted with separate demand draft from any nationalised bank towards cost of tender documents, EMD, processing fee in favour of Superintendent, SDH Karanjia amounting to Rs.2,000/-(Two thousand), Rs.40,000/- (Forty Thousand) & Rs.500/-(Five hundred) only respectively. Sealed envelopes must be super scribed the name of tender The authority reserves the right to modify /cancel or reject any or all tenders without assigning any reason thereof.

Sd/- 
11.3.2020.
Superintendent-cum-
Member Secretary, RKS, SDH, Karanjia



ROGI KALYAN SAMITI

SUB-DIVISIONAL HOSPITAL,
KARANJIA
MAYURBHANJ, ODISHA

TENDER DOCUMENT FOR OUT SOURCING OF
SERVICES FOR SUPPLY OF DIET TO INDOOR
PATIENTS OF THE SUB-DIVISIONAL
HOSPITAL, KARANJIA

Department of Health & FW,
Odisha

Tender Reference No.01/SDH/KAR/ Dated.12.03.2020.

LAST DATE FOR receipt OF TENDER DOCUMRNT IS 27.03.2020 BY 5 PM
DATE FOR OPENING OF TECHNICAL BID: 30.03.2020 AT 11.AM

SUBMISSION OF DOCUMENTS THROUGH SPEED POST or REGD POST
& Currier Service ONLY

(Visit us at : www.mayurbhanj.nic.in)

Price of Bid Document: Rs.2000/-(Rupees Two thousand) only
Processing Fees Rs.500/-(Rupees Five hundred) only.
And EMD:-Rs. 40,000/- (Rupees Forty Thousand) only

Tel: (06796)-220273
E-mail: sdhkara@gmail.com



OFFICE OF THE SUPERINTENDENT
SUB-DIVISIONAL HOSPITAL, KARANJIA, MAYURBHANJ, ODISHA



Tender Notice No.01/SDH/KAR,

Date: 11.03.2020.

Notice for Invitation of Tender for Diet Services in Sub-Divisional Hospital, Karanjia

Availability of Tender Documents	: <u>12.03.2020 to 27.03.2020</u>
Address of the website of the district	: www.mayurbhanj.nic.in
Last Date for Receipt of Tender	: Date 27.03.2020 & 5 PM
Place, time & venue of Opening Tender	: Office of the Superintendent, SDH Karanjia, 30.03.2020, 11AM
Address for submission	: Superintendent, Sub- Divisional Hospital, Karanjia, Mayurbhanj, Odisha, Pin-757037
Cost of Tender Document	: Rs. 2, 000/ (Two thousand only)
Processing Fee	: Rs.500/- (Five hundred) only.
Earnest Money Deposit (EMD)	: Rs. 40,000/- (Forty Thousand only)

The undersigned also reserves the right to accept or reject summarily any or all the tenders without assigning any reason there of during the process.

The Bidders need to download the Tender Documents directly from the Website available www.mayurbhanj.nic.in from **12.03.2020 to 27.03.2020**. The tender Paper will be received through Regd. Post, Speed Post or Currier service only. The Tender document cost amounting to Rs 2000/- (Two thousand only), EMD amounting to Rs 40,000/- (Forty Thousand) and processing fee of Rs.500/-(Five hundred)only (Non-refundable) in form of separate Demand Draft from any nationalised bank drawn in favour of Superintendent, SDH, Karanjia, payable at Karanjia SBI should be enclosed along with the Technical Bid.

**OFFICE OF THE SUPERINTENDENT
SUB-DIVISIONAL HOSPITAL, KARANJIA, MAYURBHANJ**

**Terms of Reference for Outsourced Agency:
Draft Contract**

1) Invitation to Bid:

1.1 "The Superintendent, SDH Karanjia invites Tender from the eligible registered diet preparation and catering firm/agencies to prepare and distribute cooked therapeutic and non-therapeutic diet to the Indoor patients. Women self help group [SHGs] can also apply. The bid is asked as per the decision of Department of Health & Family Welfare to outsource the diet preparation and its service to the patients on annual contract basis to the eligible firms. The existing diet rates prescribed by Government of Odisha Health & F.W Department is @Rs.75/- for Paediatric patient (per patient per day), Rs.85/- for General Patients (per patient per day) and Rs.95/- for T.B , Cancer and Burn Patients (per patient per day). The Tenderers should quote their rates both in figure and words for supply of Diet (cooked food) within the diet rates fixed by the Government as indicated above in the financial Bid. The bidders have to apply in two bid system i.e. Technical Bid and Financial Bid. The interested Service Provider are advised to submit two separate sealed envelopes super scribing "Technical Bid for Providing Services for Supply of Diet to Indoor patients of Sub-Divisional Hospital, Karanjia" and "Financial Bid for Providing Services for Supply of Diet to Indoor patients of Sub-Divisional Hospital, Karanjia". Both sealed envelopes should be kept in a separate sealed envelope super-scribing "Tender for Providing Services for Supply of Diet to Indoor patients of Sub-Divisional Hospital, Karanjia, as per letter no 6125/dated 02.03.2019 of Health & Family Welfare Department, Govt. of Odisha."

2 Introduction:

1. This bid is open to Firm/agencies and women Self Help Group [SHGs] satisfying the criteria laid down in this bid document who have the required operational experience in dietary services and its management.
2. The Health institution will select an agency, in accordance with the method of selection specified in this bid document.
3. The work details have been mentioned in this bid document for the reference of the bidder and preparing the bid document accordingly.
4. Interested Bidders are invited to submit a "Financial Bid" for providing services required for diet preparation and diet related services as per the standard norm and procedure of the Government of Orissa.
5. The hospital administration is not bound to accept any bid/s, and reserves the right to terminate the selection process at any time prior to the award of the contract, without showing any reason thereof. Keeping the greater interest of in-door patients in mind, the contract of the selected/ awarded agency may also be terminated by the hospital administration if prescribed quality standards are not adhered to. However, hospital administration is not bound to show any reasons for cancellation of the bidding process or termination of contract.
6. The tender Document is not transferable to any other bidder. The Tender Documents can be downloaded from the website www.mayurbhanj.nic.in.
7. The bidder is expected to examine all instruction, forms, terms, specifications, and other information in the bid/tender document. Failure to furnish all information as required for bidding or to submit the bid may be considered for rejection.
8. The bidder would bear all costs in connection with the preparation of the bid and its submission. The hospital administration would not bear any bid preparation cost and cost for submission of the bid.
9. In case of necessity, the hospital administration would provide required information, based on the request of the bidder, which is necessary for preparing the bid.
10. This bid/tender does not commit to award the contract to engage any agency through negotiations. Further, no reimbursable cost may be incurred in anticipation of award and in such cases' hospital administration would not be responsible to bear such costs incurred by the bidder.

3 Eligibility Criteria:

1. The bidder should have a **registered / operational** office in the district with staff strength not less than 10members.
2. The bidder /outsourced **agency should** have relevant experience in diet preparation, diet service and overall management of diet in **hospital or similar** government and/or Non-Government establishments.
3. The bidder should have a **minimum of 3 years** experience in diet preparation and its supply/services in public or private institutions.
4. The agency must be a **registered body** under appropriate law of the State or Central Government having the documentary evidence in this regard.
5. Up-to-date food license certificate from the Health Officer. (Mandatory) duly attested by a Gazetted Officer with seal
6. The Tenderer or the personnel employed by him should not have any criminal record. He shall have to produce an up-to-date certificate from the concerned Police station (Mandatory).
7. The Tenderer should have valid Labour License (Registration No. & Date) of Labour Department.
8. The Tenderer should provide proof regarding their financial stability (Bank Statement) for the last six months along with the copies of I.T return for last three years.
9. EMD of Rs.40,000/- (Forty thousand only) in shape of Demand Draft from any nationalised bank in favour of Superintendent SDH Karanjia payable at SBI, Karanjia should be submitted along with the Tender. The EMD of unsuccessful tenderer will be refunded after Tender Process is over. In case of selected tenderer, the EMD will be refunded after execution of contract.
10. In case of Women SHGs, the Hospital Administration is free to take suitable decision and may consider relaxation in the overall eligibility criteria.
11. The committee is free to take any suitable decision and may consider relaxation on the overall eligibility criteria.

4 Number of Bids:

1. The bidder can apply only one bid in this tendering/bidding process.
2. In case if a single bidder submits multiple bids, either singly or in collaboration, all bids, except one that is most suitable as per the decision of the hospital administration would be liable for rejection.

5 Bid Validity:

The bid would remain valid for a period of one year/365 days from the date of submission.

6 Tenure of Contract:

The selected agency / Bidder would be initially contracted for a period of one year from the date of award of the contract. Based on the performance and feedback from different stakeholders, the contract may be renewed for another one year.

7 Payment Schedule:

1. The agency would be paid once in a month based on the case load and number of meals supplied. The number of diets prepared during "lunch" would be considered as the benchmark for calculation of number of patients/days or any such norms that is suggested and agreed upon mutually by the hospital administration and the outsourced agency/bidder.
2. The Hospital Administration would verify the bills/vouchers and other supporting document and will do needful for payment of the dues to the agency within the first seven working days of submission of bills / vouchers/ supporting documents provided funds are made available by the Government of Odisha.

8 Tender Fee:

All Bidders are required to pay Rs.2000/- (Rupees Two thousand) Only towards cost of tender documents in the form of Demand Draft drawn in favour of **SUPERINTENDENT, SDH, Karanjia** payable at Karanjia. The amount is Non-Refundable and cannot be claimed by the tendering agency/firm.

9 Tender Processing Fee:

All Bidders are required to pay Rs. 500/- (Rupees Five Hundred only) towards Tender Processing Fees in the form of Demand Draft. The tender Processing Fees is Non-Refundable and cannot be claimed by the tendering agency.

10. EMD:-

EMD of Rs.40,000/- (Forty thousand only) in shape of Demand Draft/Bankers Cheque drawn payable at on SBI, Karanjia should be submitted along with the Tender. The EMD of unsuccessful tenderer will be refunded after Tender Process is over. In case of selected tenderer, the EMD will be refunded after execution of contract.

11 Performance Bank Guarantee:

The agency, after selection, has to deposit "security money" in shape of Bank Guarantee amounting to Rs 1,00,000/- (Rupees One Lakh) only at the time of signing the contract. The Bank Guarantee would remain valid initially till the end of the initial contract period and extendable if the contract gets extended.

12 Last Date for receipt of Tender document (BID):

The bid would be submitted in an appropriate form in a sealed envelope on or before dt 27.03.2020 by 5 PM by Speed Post, Registered Post & Courier service only. The bids received after the due date would not be accepted and liable for rejection.

13 Bid Withdrawn:

After the submission of the bid, if so wished the bidder, may withdraw the bid with a payment of non-refundable amount of Rs. 500/- towards withdrawal processing fee.

14 Right to Acceptance or Rejection of the Bid:

The administration of the concerned health institution reserves the right to accept or reject any Bid and the bidding process and reject all such bids at any time prior to award of contract, without showing any reason there by.

15 Opening of Bids:

The technical bids would be opened on dt. 30.03.2020 by 11AM at Conference Hall of Sub Divisional Hospital Karanjia in the presence of the persons nominated by the hospital administration and in presence of the bidders/authorised representative one person with Authorization letter. The bidders would be requested to attend on the bid opening day and they will have put their signature on the attendance sheet.

16 Bid Evaluation Criteria:

The bids would be evaluated on cost and quality basis i.e. the cost quoted by the bidder for each category of diet to be supplied to the patients in the hospital. The lowest quoted bidder adhering to the specified quality would be awarded the contract.

17 Disqualifications:

The administration of the hospital, can exercise its sole discretion to disqualify any bid document if,

1. The bidder submits the bid after the last date of submission of Bid;
2. The bid document does not have the proof of completion of similar type of work in public private health institutions or any such establishments of Government or Private agency
3. No registration certificate [photo copy] is attached to the bid document
4. The bidder is blacklisted by any Govt. agency [declaration in this regard is to be given by the bidder]
5. If specified document is not available towards cost of tender document, EMD and processing fee as detailed under eligibility criteria, Para no 8, Para no 9 & Para no10.

18 Adequacy of Information:

Once the bidder submits the bid document, it will be assumed that the bidder have carefully examined the bid document to his/her entire satisfaction. Once the agency is selected on the basis of its submitted bid, the agency would be responsible to fulfil his/her obligation as per the submitted bid.

19 Address for Submission of Bid:

The bid should be addressed in following address

Superintendent, Sub-Divisional Hospital, Karanjia.757037, Odisha

The bid must be submitted by Speed Post, Regd. post & Currier Service on or before 27.03.2020 by 5 PM.

20 General Information to Bidder:

- a. The successful bidder [also referred here as the agency or outsourced agency] would operate from the campus of the concerned health institution and required basic infrastructure would be provided by the health institution to facilitate the smooth operation of the agency.
- b. The agency would abide by the cost and quality norms/standards as mentioned in the bid, diet guidelines and communicated to them from time to time by the concerned health institution.
- c. The agency would recruit required number of staff for cooking and serving so that diet can be supplied to the in-doors patients in time.
- d. The agency would take up free health check-up of the cooking and serving staff from time to time, at least once in three months.
- e. The maintenance of kitchen and equipment would be the responsibility of the agency and the agency should ensure that proper care is taken in this regard.
- f. The agency would prepare and supply diet adhering to the quality norms specified by the health institution. The agency should also prepare different types of diet as per the indent placed by the health institution keeping in mind the diet requirement of different category of patients.
- g. The agency would be responsible for procurement of different items required for preparing diet and storing it properly. The health institution would not be responsible for any loss of procured items.
- h. Perishable items would be supplied/ procured on daily basis and for that supplier/suppliers would be identified jointly by the designated persons of the health institution and the outsourced agency.
- i. The health institution would have the right to monitor the quality of items purchased and used in the diet preparation process.
- j. The agency would manage kitchen waste in a scientific manner with due consultation with the concerned hospital administration.
- k. At any point of time i.e. during procurement of raw materials, processing, preparation of diet, serving the diet to the patients and cleaning the utensils/instruments, the dietician and / or any person from health institution can visit and interact with concerned person. The agency should not have any restriction to this rather the agency would facilitate such process to improve the service quality.
- l. The agency would prepare and update the account details and maintain other related documents that are required for reimbursement of the expenses on monthly basis. In case of incomplete documents, the hospital administration would not reimburse the incurred cost. The documents to be prepared should be supplied by the health institution before hand and maintained by the agency on daily basis. The financial and non-financial documents would be subjected to audit.
- m. The behaviours of the serving staff of the agency towards the patients should be conducive and disciplinary action would be taken by the hospital administration, in consultation with the concerned agency, against the person/s violating the behavioural norm.
- n. The agency would be responsible to make alternative arrangements in case of situations such as staff strike, local strike [Bandh/Hartal] etc. ensuring that the patients get diet in the appropriate time.
- o. The agency would abide by different Government notification, circulars, written instruction etc. published from time to time with regard to the subject. In case of requirement, the hospital administration would provide required clarity to the agency on the related notification, circular etc.

p. Any dispute arising in the process of managing the diet preparation and supply, both the party i.e. the outsourced agency and the hospital administration should discuss and take appropriate decision that is mutually agreeable.

q. The hospital administration reserve the right to cancel the contract of the outsourced agency with prior notification of 30 days(One month) without assigning any reasons thereof. If the outsourced agency wants to quit its service will give a **two months** notice to the authority.

r. The outsourced agency would provide uniform embedded with its logo to all the staff recruited by the agency. The agency would ensure that the recruited staff attend their duty with clean uniform and keeping themselves neat and clean while on duty.

s. The outsource agency provided the clean Steel tray to the patient daily and after taken food agency collect the tray at bed side then clean it properly. If necessary the steel plate replace time to time.

t. The food delivery at Bed side to the individual patient at bed side.

u. To supply diet/Tiffin packet for PMSMA day at every month as per guideline with discussed with Superintendent SDH Karanjia.

V. Time to time when meeting or training if held at SDH Karanjia, at that time breakfast, lunch and dinner provided by you as per requirement and paid from respective head separately.

21. Supply of Diet

The bidder will provide diet to the Indoor Patients as per schedule at their bed side.

1. Breakfast - between 7.30 A.M to 8 A.M

2. Lunch - between 1 P.M to 1.30 P.M

3. Dinner -- between 8 P.M to 8.30 P.M

There shall not be any deviation of timing exceeding 30 minutes maximum.

22. Quality of Diet:

The agency empanelled and assigned with the responsibility of preparation and supply of diet would adhere to the prescribed quality standard under specific diet category (General diet, Pediatric diet, Dry diet, Liquid diet, & High protin diet etc). The agency must agree to provide different types of diet, as per the requirement of the patient and indent placed in this regard by the dietician/hospital management.

If the selected diet contractor fails to supply the necessary requirements of diet to the patients in time or any other deficiencies if reported or noticed then the committee/authority reserves the right to impose penalties on the contractor by way of deducting an amount from the diet bill as shall be decided by the committee/authority.

23. Fuel for cooking

1. The Kitchen should have LPG connection for diet preparation with provisions of LPG cylinders by the contractor.

2. As far as possible, coal and wood will be avoided for cooking except under emergency conditions.

24. PENALTY

In case of deficiencies in providing quality service, the authority will have the right to impose penalty as per decision of the Committee which shall be deducted from the monthly bill.

Signature

[Name and designation of the person signing on behalf of the agency]

Date & place

Name of the Bidder/Applicant

**25. TENDER FORM FOR OUTSOURCING OF COOKED FOOD DIET FOR
INDOOR PATIENT, SDH, KARANJIA**

1. Name of the Agency/ NGO/ Organisation/ Women self help group(SHG) with registration number	
2. Address of the Agency office with staff strength (Enclose Proof of Staff Strength)	
3. Contact Person Address with telephone no	
4.SUPPORTING DOCUMENT TO BE ATTACHED	
a. Xerox copy of the valid registration Certificate.	
b. Xerox copy of the valid GST Reg. certificate	
c. Xerox copy of valid food licence.	
d. Xerox copy of valid labour licence.	
e. Xerox copy of last 3 year GST/Income tax return.	
f. Xerox copy of certificate from the concerned Police station (Mandatory).	
g. Xerox copy of ISO 9001:2008 Certificate (Optional)	
h. Xerox copy of Experience Certificate(in DIET preparation, DIET service & overall management of DIET in hospital or similar govt/nongovt)documentary evidence may kind be enclosed	
i. Demand draft no, date & amount towards EMD fee	
j. Whether firm has been blacklisted Yes or No (Submit the affidavit of declaration)	
k. Copy of Solvency Certificate to the tune of Rs 5 lakh by Bank	

Documents attached should be properly indexed compulsory (pasted coloured Flag)

DECLARATION: It is certified that the above information submitted by me/my firm is true to the best of my knowledge and if any information is found false at any point of time then the whole offer/tender may be cancelled. I have suppressed no facts in the tender which could debar me to participate in the tender. If it is revealed after opening of the tender that any fact is suppressed by me, tendering authority shall have the right to reject my tender along with other punitive action against me as per law. Again I agree & will abide with the terms & conditions fixed by the authority.

(Signature & seal of the authorized signatory)

Place:

26. Financial Proposal Form: Offer price by the Tenderer

Financial Proposal Form:

SN	Diet Type	Cost per patient per day (as per weekly menu statement attached)
1	General Diet	
2	Paediatric Diet	
3	Dry Diet	
4	Liquid diet	
5	High protin diet for TB/ Cancer/Burn patient	

Signature

[Name and designation of the person signing on behalf of the agency]

Date & Place

Name of the Bidder / Applicant

A):- Revised general diet-food stuff, quantity and estimate cost: It can be used for an adult patient (Male/Female) and children above 9 years who admitted in a hospital and does not need any dietary modification.

Revised General Diet-food stuff, quantity and estimated cost:

Food stuff	Vegetarian	Cost	Calorie	Protein	Non-Vegetarian	Cost in Rs.
Cereals	375gm	11.25	1294	26.25	375gm	11.25
Pulses	75gm	5.62	259	16.5	75gm	5.62
Green Leafy Vegetables	100gm	4.00	45	4	100gm	4.00
Other Vegetables	200gm	6.00	64	3.8	200gm	6.00
Roots and Tubers	200gm	1.60	146	2.6	200gm	1.60
Fruits	100gm	3.33	60	0.8	100gm	3.33
Milk and milk products	500ml	17.00	325	16	500ml	17.00
Curd	100gm	10.00	65	3.2		
Egg	100gm		173	13.3	Egg(2No.)	10.00
Sugar	20gm	0.76	80		20gm	0.76
Oil	25ml	2.05	225		25ml	2.05
Condiment and spices		5.00				5.00
Calories			2563		2671	
Proteins			73.15		83.25	
Total Cost		66.61				66.61
Fuel		5.00				5.00
Cooking		7.00				7.00
Distribution & Cleanliness		6.00				6.00
Total Cost		84.61				84.61

Average cost of general diet is $\text{Rs.}84.61 + \text{Rs.}84.61/2 = \text{Rs.}84.61 = (\text{Rounded to Rs.}85/-)$

B) Revised Pediatric diet-food stuff, quantity and estimated cost: It can be used for children up to 9 years patients admitted in a hospital who does not need any dietary modification.

Revised Pediatric diet-food stuff, quantity and estimated cost:

Food stuff	Vegetarian (in gms)	Caloriekcal	Protein gram	Cost (in RS)	Non-Vegetarian (in gms)	Cost in Rs.
Cereals	180gm	621	12.6	5.70	180gm	5.70
Pulses	60gm	207	13.2	4.50	60gm	4.50
Green Leafy Vegetables	100gm	45	4	4.00	25gm	4.00
Other Vegetables	100gm	32	1.9	3.00	75gm	3.00
Roots and Tubers	100gm	73	1.3	0.80	75gm	0.80
Fruits	200gm	120	1.6	6.66	200gm	6.66
Milk	500ml	325	16	17.00	250ml	17.00
Curd	100gm	65	3.2	10.00	0	0
Egg	50gm	87	6.65	0	50gm	5.00
Sugar	20gm	80		0.76	30gm	0.76
Oil	30ml	270		2.46	25ml	2.46
Condiment and spices		0		5.00		5.00
Total Calories		1838		0	1860 kcal	0
Total Proteins		53.8		0	57.25gm	0
Total Cost				59.88		54.88
Fuel				5.00		5.00
Cooking				7.00		7.00
Distribution & Cleanliness				6.00		6.00
Total Cost				77.88		72.88

Average cost of pediatric diet is $Rs.77.88 + Rs.72.88/2 = Rs.75.38$ (Rounded to Rs.75/-)

C) Revised High protein Diet for TB/Burn/Cancer patients: An extra Rs. Rs.10/- is to be added for high protein diet which is required for Burns, TB, Cancer. Daily 50 gm paneer /cheese or 2 extra eggs should be given to such patients. Hence total food cost will be Rs. 95.00/- for TB,BURN/CANCER patients.

D) Revised Dry food (Milk, bread, egg, fruits):

Food stuff	Amount	Cost as (In Rs.)
Milk	1000 ml	34.00
Bread	400 gm	24.00
Egg	2 Nos.	10.00
Banana	2Nos.	07.00
Protein	90 gm	
Calories	2055 Kcal	75.00
Total cost of Food Items		

E) Full Liquid Diet: The full liquid diet can be provided to the patients in the pre or post operative stage for one or two days or best in the advised of the doctors and dietician only clear liquid such as milk clear soup fruit juice, etc should be given. This diet is to be used for a very short period of time. Full liquid diet may also be given to all patients with acute conditions including ICU patients as per the advised of the treating physician.

Full Liquid Diet:

Food stuff	Amount	Cost as (In Rs.)
Milk	1000 ml	34.00
Fruit Juice	500 ml	18.00
Sugar	50 gm	02.00
Rice, Dal, Vegetables soup	50 gm	07.00
Dal	20 gm	02.00
Vegetable	100 gm	04.00
Total cost		67.00
Fuel		05.00
Cooking		06.00
Distribution & Cleanliness		07.00
		85.00

Daily menu for general diet of a patient

Days	Breakfast	Lunch	Dinner
SUNDAY	Semai Kheer-1 Bowl Fruits- 1no (1 extra fruit for vegetarian and one boiled egg for non-veg) Milk-500ml (1 packet)	Rice-1½ Bowl Dal-½ Bowl Chole potato curry-½ Bowl Leafy veg fry + Sprouts-½Bowl	Rice-1½ Bowl/ Roti-5 nos Dalma- ½ Bowl Mixed Veg-½Bowl
MONDAY	Uppama-1 Bowl Matar curry ½ Bowl Fruits- 1no (1 extra fruit for vegetarian and one boiled egg for non-veg) Milk-500ml (1 packet)	Rice-1½ Bowl Dal-½ Bowl Soya bean potato curry-½ Bowl Leafy veg fry + Sprouts-½Bowl	Rice-1½ Bowl/ Roti-5 nos Dal- ½ Bowl Mix Veg- ½ Bowl
TUESDAY	Chudasantula-1 Bowl Matar curry ½ Bowl Fruits- 1no (1 extra fruit for vegetarian and one boiled egg for non-veg) Milk-500ml (1 packet)	Rice-1½ Bowl Dal-½ Bowl Chole potato curry-½ Bowl Leafy veg fry + Sprouts- ½ Bowl	Rice-1½ Bowl/ Roti-5 nos Buta Potato pumkin curry- ½ Bowl Vegetable fry- ½ Bowl
WEDNESDAY	Sujikhir-1 Bowl Fruits- 1no (1 extra fruit for vegetarian and one boiled egg for non-veg) Milk-500ml (1 packet)	Rice-1½ Bowl Dalma-½ Bowl Veg potato fry- ½ Bowl Leafy veg fry + Sprouts-½ Bowl	Rice-1½ Bowl / Roti-5 nos Dal- ½ Bowl Mix Vegetable curry- ½ Bowl
THURSDAY	Uppama-1 Bowl Matar curry ½ Bowl Fruits- 1no (1 extra fruit for vegetarian and one boiled egg for non-veg)	Rice-1½ Bowl Dal-½ Bowl Chole potato curry -½ Bowl Leafy veg fry + Sprouts-½ Bowl	Rice-1½ Bowl / Roti-5 nos Dalma- ½ Bowl Mix Veg- ½ Bowl
FRIDAY	Semai Kheer-1 Bowl Fruits- 1no (1 extra fruit for vegetarian and one boiled egg for non-veg) Milk-500ml (1 packet)	Rice-1½ Bowl Dalma-½ Bowl Veg potato Fry -½ Bowl Leafy veg fry + Sprouts-½ Bowl	Rice-1½ Bowl / Roti-5 nos Dal- ½ Bowl Mix Vegetable curry-½ Bowl
SATURDAY	Chudasantula-1 Bowl Matar curry --½ Bowl Fruits- 1no (1 extra fruit for vegetarian and one boiled egg for non-veg) Milk-500ml (1 packet)	Rice-1½ Bowl Dal-½ Bowl Chole potato curry -½ Bowl Leafy veg fry + Sprouts-½ Bowl	Rice-1½ Bowl / Roti-5 nos Dal- ½ Bowl Soyabean patato curry-½ Bowl Mix Vegetable curry-½ Bowl

Roti: 01 no, medium size=25gm atta (raw unit), Bread/Rice: 01 bowl=300gm cooked weight (100gm raw unit), Dal/pulse/legums: 01 bowl=125gm cooked weight (25gm raw unit) Mixed vegetable : 01 bowl=100gm cooked weight, Curd :01 bowl=100gm, Seasonal fruit : 01 no =100 gm, Upama, Suji/Semaikhir 01 bowl=300gm

Daily menu of diet for children

Days	Breakfast	Lunch	Dinner
Sunday	SemaiKheer -1½ Bowl Fruits-1Nos(1 extra fruit for vegetarian and one boiled egg for non veg) Milk-500ml(1 packet)	Rice-¾th Bowl Dal-½ Bowl Chole potato curry-1/3 rd Bowl Leafy veg fry--½ Bowl	Rice-¾th Bowl/ Roti-3Nos Dalma--½ Bowl Mixed veg-1/3 rd Bowl
Monday	Uppama-½ Bowl Matar curry-1/3 rd Bowl Fruits-1Nos(1 extra fruit for vegetarian and one boiled egg for non veg) Milk-500ml(1 packet)	Rice-¾th Bowl Dal-½ Bowl Soya bean potato curry-1/3 rd Bowl Leafy veg fry--½ Bowl	Rice-¾th Bowl/ Roti-5Nos Dal--½ Bowl Mixed veg-1/3 rd Bowl
Tuesday	Chudasantula--½ Bowl Matar curry-1/3 rd Bowl Fruits-1Nos(1 extra fruit for vegetarian and one boiled egg for non veg) Milk-500ml(1 packet)	Rice-¾th Bowl Dal-½ Bowl Chole potato curry-1/3 rd Bowl Leafy veg fry--½ Bowl	Rice-¾th Bowl/ Roti-5Nos Buta potato pumpkin curry-½ Bowl Vegetable fry-1/3 rd Bowl
Wednesday	Sujikhir-½ Bowl Fruits-1Nos(1 extra fruit for vegetarian and one boiled egg for non veg) Milk-500ml(1 packet)	Rice-¾th Bowl Dalma-½ Bowl Veg potato fry-1/3 rd Bowl Leafy veg fry--½ Bowl	Rice-¾th Bowl/ Roti-5Nos Dal-½ Bowl Mixed vegetable curry-1/3 rd Bowl
Thursday	Uppama-½ Bowl Matar curry-1/3 rd Bowl Fruits-1Nos(1 extra fruit for vegetarian and one boiled egg for non veg)	Rice-¾th Bowl Dal-½ Bowl Chole potato curry-1/3 rd Bowl Leafy veg fry--½ Bowl	Rice-¾th Bowl/ Roti-5Nos Dalma--½ Bowl Mixed veg-1/3 rd Bowl
Friday	SemaiKheer -½ Bowl Fruits-1Nos(1 extra fruit for vegetarian and one boiled egg for non veg) Milk-500ml(1 packet)	Rice-¾th Bowl Dal-½ Bowl Veg potato fry-1/3 rd Bowl Leafy veg fry--½ Bowl	Rice-¾th Bowl/ Roti-5Nos Dal-½ Bowl Mixed vegetable curry-1/3 rd Bowl
Saturday	Chudasantula--½ Bowl Matar curry-1/3 rd Bowl Fruits-1Nos(1 extra fruit for vegetarian and one boiled egg for non veg) Milk-500ml(1 packet)	Rice-¾th Bowl Dal-½ Bowl Chole potato curry-1/3 rd Bowl Leafy veg fry--½ Bowl	Rice-¾th Bowl Dal-½ Bowl Soya bean potato curry-1/3 rd Bowl Mixed vegetable curry-1/3 rd Bowl

Roti: 01 no medium size=25gm atta (raw unit), Bread/Rice:01 bowl=300gm cooked weight(100gm raw unit). Dal/pulses/legumes:01 bowl=125gm cooked weight(25gm raw unit),Mixed vegetable: 01 Bowl=100gm cooked weight, Curd :01 bowl=100gm, Seasonal fruit:01no=100gm,Upama,suji/samaikhir:01bowl=300gm.

Full liquid diet

Clear liquid diet would be provided to the patients in the pre or post operative stage for one or two days or based on the advice of the doctor and dietician. This diet should be completely free of any solids even those found in the milk . only clear liquids such as tea of coffee without cream or milk, clear soup etc. should be given. This diet is to be used for a very short period of time. Full liquid diet should be given for all acute conditions before diagnosis.

Food stuffs	Amount
Milk	1000 ml
Fruit Juice	500ml
Sugar	50 gms
Rice, Dal, Vegetable soup (rice)	50 gms
Dal	20 gms
Vegetable	100 gms

Soft Diet

Soft diet is intermediate between a full liquid and light diet. it should be served to patients who are convalescing from surgery, gastro-intestinal disturbances and acute infections. This diet should be nutritionally adequate and planned on the basis of a normal diet. The food should be soft in texture and consistency, easy to chew and should contain low roughage. the diet would be made of simple, easily digestible foods and should contain no haras fiber and no reach or highly flavoured foods. it should be a high calorie-high protein diet. A slight modification of this diet may be mechanically softened or dental soft diet which requires little or no chewing.

TENDER, PROVIDING SERVICE FOR DIET TO SDH, KARANJIA, MAYURBHANJ

TENDER NOTICE

NAME OF THE BIDDER M/S. _____

Please put ✓ in the respective box

(TECHNICAL BID)

DOCUMENTS: SUBMITTED OR NOT

1. Earnest Money Deposit for Rs.40,000/-

Page no.	
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Yes	
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No	
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2. Valid Labour License.

Page no.	
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Yes	
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No	
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3. Registration Certificate Up-to-date Food Licence

Page no.	
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Yes	
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No	
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4. Financial stability for last 6 month
(Bank account Statement)

Page no.	
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Yes	
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No	
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5. Declaration by the Bidder (Black listed)

Page no.	
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Yes	
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No	
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In the form of Affidavit before the Executive Magistrate.

6. Proof of Experience (Min. 3 years)

Page no.	
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Yes	
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No	
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In Diet preparation and its supply & service In Public & Private Institution.

7. GST/IT Return for last Three Years

Page no.	
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Yes	
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No	
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8. Up-to date certificate from concerned Superintendent of Police for not having any Criminal record.

Page no.	
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Yes	
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No	
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9. Evidence of having registered/operation office in the district with staff strength not less than

Page no.	
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Yes	
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No	
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10. (Ten) members.

Page no.	
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Yes	
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No	
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11. Valid Food Licence :

Page no.	
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Yes	
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No	
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12. Valid GST Reg.No.

Page no.	
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Yes	
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No	
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